

Child Development: Physical, Cognitive and Psychosocial

3 Credits | Online Course | Tuition: \$300 | [Register](#)

From infancy to adolescence, a young person's mind and body changes dramatically in many important ways. The sequence of the stages in child development is universal across cultures and follows the same order, however not all children learn and acquire skills at the same pace. The stages of child development – including motor skills, intellectual development and establishing friendships – is important knowledge for au pairs to acquire as they nurture and care for children.



Course Description:

The course will follow the physical, cognitive and social/emotional development of children from birth through adolescence. Theories of leading child psychologists, such as Jean Piaget, Lev Vygotsky and Howard Gardner, are part of the coursework. Fun and engaging activity ideas to support a child's mental and physical health will be shared. Informative lectures, intriguing research, videos and hands-on activities provide a holistic approach to child development.

Course Objectives:

The Au Pair will...

- Be able to identify and describe the main areas of childhood development: physical, cognitive and psychosocial.
- Learn the theories of two leading child psychologists.
- Gain an understanding of motor skills in child development.
- Learn techniques to support a child's mental health during key developmental milestones.
- Learn to communicate effectively with children and address developmental concerns that may arise.
- Understand how he/she can support the natural desire of children to make friends.
- Explore multiple intelligences and important differences between the thinking of adults and children.

Course Design:

The online course totals 36 hours and contains live instruction (New York time) via Zoom on Friday (5 to 9 p.m.), Saturday (9 a.m. to 6 p.m.) and Sunday (9 a.m. to 5 p.m.) as well as pre-coursework, teacher conferences, projects and homework. After successfully completing the online course, the Au Pair will receive a *Letter of Completion* and 3 college credits from the LIU School of Professional Studies as required under the J-1 Visa program.

Once you register for a class online at <https://webapps3.liu.edu/aupair> you will receive a confirmation email with instructions. Your instructor will email you a Zoom link and course materials at least one week prior to the course beginning.